



THE HOLY EUCHARIST

Christ Episcopal Church • Cape Girardeau, Missouri
8 a.m. and 10:15 a.m. services

February 16, 2020

SIXTH SUNDAY AFTER EPIPHANY

The People Gather

*Children's Liturgy is available downstairs from the beginning of
the 10:15 service until shortly before the Eucharist.*

Prelude "Variations" Antonio de Cabezon

The Liturgy of the Word

Processional Hymn #3 Now that Daylight Fills the Sky

Celebrant: ✠ Blessed be God: Father, Son, and Holy Spirit.

All: ***And blessed be God's kingdom, now and
forever. Amen.***

Collect for Purity BCP p.355

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.
Amen.

Gloria Rutter
(See pew card)

Collect of the Day

O God, the strength of all who put their trust in you: Mercifully accept our prayers; and because in our weakness we can do nothing good without you, give us the help of your grace, that in keeping your commandments we may please you both in will and deed; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. ***Amen.***

The First Reading: Deuteronomy 30:15–20

Moses said, “See, I have set before you today life and prosperity, death and adversity. If you obey the commandments of the LORD your God that I am commanding you today, by loving the LORD your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the LORD your God will bless you in the land that you are entering to possess. But if your heart turns away and you do not hear, but are led astray to bow down to other gods and serve them, I declare to you today that you shall perish; you shall not live long in the land that you are crossing the Jordan to enter and possess. I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live, loving the LORD your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the LORD swore to give to your ancestors, to Abraham, to Isaac, and to Jacob.”

Lector: The Word of the Lord.

All: *Thanks be to God.*

The Response: Psalm 119:1–8

- 1 **H**appy are they whose way is blameless, *
who walk in the law of the LORD!
- 2 Happy are they who observe his decrees *
and seek him with all their hearts!
- 3 Who never do any wrong, *
but always walk in his ways.
- 4 You laid down your commandments, *
that we should fully keep them.
- 5 Oh, that my ways were made so direct *
that I might keep your statutes!

- 6 Then I should not be put to shame, *
when I regard all your commandments.
- 7 I will thank you with an unfeigned heart, *
when I have learned your righteous judgments.
- 8 I will keep your statutes; *
do not utterly forsake me.

The Epistle: 1 Corinthians 3:1–9

Brothers and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, for you are still of the flesh. For as long as there is jealousy and quarreling among you, are you not of the flesh, and behaving according to human inclinations? For when one says, “I belong to Paul,” and another, “I belong to Apollos,” are you not merely human?

What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. I planted, Apollos watered, but God gave the growth. So neither the one who plants nor the one who waters is anything, but only God who gives the growth. The one who plants and the one who waters have a common purpose, and each will receive wages according to the labor of each. For we are God’s servants, working together; you are God’s field, God’s building.

Lector: The Word of the Lord.

All: ***Thanks be to God.***

Gospel Hymn

Veni Sancte Spiritus
(See bulletin insert)

The Gospel: Matthew 5:21–37



Celebrant: The Holy Gospel according to St. Matthew.

All: ***Glory to you, Lord Christ.***

Jesus said, “You have heard that it was said to those of ancient times, ‘You shall not murder’; and ‘whoever murders shall be liable to judgment.’ But I say to you that if you are angry with a brother or sister, you will be liable to judgment; and if you insult a brother or sister, you will be liable to the council; and if you say, ‘You fool,’ you will be liable to the hell of fire. So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the guard, and you will be thrown into prison. Truly I tell you, you will never get out until you have paid the last penny.

“You have heard that it was said, ‘You shall not commit adultery.’ But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your whole body to go into hell.

“It was also said, ‘Whoever divorces his wife, let him give her a certificate of divorce.’ But I say to you that anyone who divorces his wife, except on the ground of unchastity, causes her to commit adultery; and whoever marries a divorced woman commits adultery.

“Again, you have heard that it was said to those of ancient times, ‘You shall not swear falsely, but carry out the vows you have made to the Lord.’ But I say to you, Do not swear at all, either by heaven, for it is the throne of God, or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. And do not swear by your head, for you cannot make one hair white or black. Let your word be ‘Yes, Yes’ or ‘No, No’; anything more than this comes from the evil one.”

Celebrant: The Gospel of the Lord.

All: Praise to you, Lord Christ.

Sermon

Rev. Edie Bird

The Nicene Creed

BCP p.358

The Prayers of the People

In this season of miracles and wonders, in this time of God's showing-forth, help us to pay attention to the moments of our days, to the miracle and mystery of life in our daily lives.

All: Cleanse and heal us by the in-breathing of your Spirit.

We give thanks for those miracles and wonders that we do recognize, especially [the prayer list of thanksgivings] and those we now add [thanksgivings may be spoken aloud]. We pray that we may be filled with gratitude for all your blessings, especially the miracle of this very moment of life.

All: Cleanse and heal us by the in-breathing of your Spirit.

O God, there is great healing when we give our attention to your presence. Help us to repent, to turn our hearts and minds to you, and to bravely turn away from those things that entice us, but are not good or healthy for us, our neighbors, or our earth.

All: Cleanse and heal us by the in-breathing of your Spirit.

We pray for the church, that the Unity of Christ will draw us together in the humility of your love and forgiveness. And we pray for all of us who would follow Christ, but have forgotten how.

All: Cleanse and heal us by the in-breathing of your Spirit.

We pray for the sick, especially [the prayer list for the sick] and others we now name [prayers for the sick may be spoken aloud]. May they be healed by your life-giving Presence.

All: Cleanse and heal us by the in-breathing of your Spirit.

We pray for those in need of guidance and strength: [the prayer list

for guidance] and others we now name [*prayers for guidance may be spoken aloud*]. Be with each of these ones, O Lord.

All: *Cleanse and heal us by the in-breathing of your Spirit.*

We pray for all of us who feel overwhelmed by all that we have to do. May we find the simpler way, trusting you with all our hearts.

All: *Cleanse and heal us by the in-breathing of your Spirit.*

We remember all those who have died, especially those known to us: [*the prayer list for the deceased*], and for those we now name [*prayers for the deceased may be spoken aloud*]. For those who have passed on from mortal life, we pray.

All: *Lord Jesus Christ, may they be with you today in paradise.*

Confession and Absolution

BCP p.360

The Passing of the Peace

Offertory

#674 Forgive Our Sins as We Forgive

The Liturgy of the Table

All are welcome at Christ's table. Should you for your own reasons choose not to commune, however, you may simply cross your arms over your chest to receive a blessing from the priest instead.

Eucharistic Prayer B

BCP p.367

Lift Up Your Hearts (*Sursum Corda*)

Hymnal S120

Holy, Holy, Holy (*Sanctus*)

S. C. Fletcher
(See pew card)

Lamb of God (*Agnus Dei*)

S. C. Fletcher
(See pew card)

Communion Hymn

#312 Strengthen for Service, Lord

Prayer after Communion

BCP p.366

Final Blessing

Rev. Edie Bird

Recessional Hymn

#635 If Thou but Trust in God

Dismissal

Postlude

“Toccata”

Giovanni Gabrieli



SERVICE MINISTERS

8:00 a.m.

Eucharistic Minister	Gina Thomas
Lector	Bonnie Cochran
Preacher	Rev. Edie Bird

10:15 a.m.

Eucharistic Minister	Kent Miller
Lector	Sheila Thiele
Verger	Chris Masters
Acolyte	Chris Masters
Preacher	Rev. Edie Bird
Children’s Liturgy Teacher	Joshua Smith
Host	Judi Naeter
Altar Guild	Mary Alice Regenhardt
Guided Lilies	Helen Towner
Vestry Counters	Bruce Mims & Cheryl Essner
Coffee Hour	Deb Brewer

Rector	Rev. Edie Bird
Organist	Mary Miller
Choir Director	Randyn Heisserer-Miller
Nursery Leader	Deanie Hadley
Ministry Intern	Joshua Smith

ANNOUNCEMENTS

- **Adult Education Opportunity at CEC (Feb. 9 – April 5)**

Living Day by Day in God's Creation is a new adult class starting Feb. 9 at 9 a.m. in Fountain House. Students will be introduced to a basic Christian theology of Creation, Incarnation, and the Soul, as well as the practices of prayer and inquiry for deepening their daily experiences of the sacred in ordinary life. This is a perfect class for newcomers who are interested in learning more about the Christian faith, as well as seasoned churchgoers who want to deepen their spiritual living day by day.

- **February Community Supper (Feb. 23)**

Our monthly Community Supper will be held in the CEC Parish Hall on Sunday, Feb. 23. On the menu: Shepherd's Pie, corn muffins/biscuits, Red Door Salad, cookies, tea, and lemonade. The Supper is free and open to everyone. Got questions? Contact February's Community Supper coordinator, Cheryl Essner at (573) 579-3984.

- **Lenten Spiritual Practice Series (Mar. 4, 11, 18, 25, and April 1)**

Join us on Wednesdays during Lent for a reflective evening of sung prayers and togetherness. We'll begin in the sanctuary with Holden Evening Prayer at 5:30 p.m., followed by a simple meal of bread and soup at 6:00. There is a sign up to bring food posted in the narthex. Come lay down your burdens with us in the season of repentance.

- **Parish Directory Update**

It's time to update our church directory! For the next few weeks, a copy of the 2019 CEC Church Directory will be posted in the narthex for people to add and update their contact information. If you can't make it to the church to make your corrections in person, you can also submit your contact information to Joshua using the secure web form found in the weekly newsletter.



For more announcements and updates, sign up for our weekly newsletter on our church website, reddoorchurchcape.org.